

# Are We Preppers?

You might be wondering if we are “preppers”. The answer depends on how you define “prepper”. We think that using labels to describe people are not very helpful and actually can be harmful. When you label a person, you put them in a “box” and you think you know all about them. The label that you assign to a person leads you to define that person as friend or foe; someone you want to be around or avoid. This isn’t at all helpful. Rather than labeling people, we need to get to know them and form opinions on our interactions with them rather than on a label.

We have seen the negative consequences of other people labeling us. So, why would we want to do the same by labeling them?

The only “label” we wish to be known by is “disciples of Jesus”. We are trying our best to build our lives on the foundation of His teaching and example.

Based on that, here are a few foundational principles (we refer to them as Kingdom principles) that we are attempting to put into practice:

- We want to be good stewards of what God has given us. This is why we try to live frugally and try to take care of our bodies by engaging in activities that provide exercise, being outside and eating healthy. That’s why we garden. It’s also why we choose not to participate in many other activities; they simply don’t help us to honor God and live the way we think He wants us to live.
- We recognize that loving our neighbors as ourselves (including our enemies) is a top priority. This is one of the reasons that we store up food, so we can share with others when there is a need. If there is an apocalypse, we’re not going to shoot people who need food, we’re going to share with them. If we run out of food, we all run out together.

There are many other applications to Kingdom principles that influence our lives and the decisions we make. Hopefully, you get the idea from the ones we listed.

So, are we preppers? We really don’t care for labels. But, if you insist, you can make that determination for yourself.

Tim & Laurie